

AT 175 Mile Hike Itinerary

Item	Date	Day of Week	Note	Miles	Shelter
1	7-23-06	Sunday	Start	7.5 Miles	Kirk Ridge
2	7-24-06	Monday		14	Leroy Smith
3	7-25-06	Tuesday		17	Outerbridge
4	7-26-06	Wednesday		11	New Tripoli
5	7-27-06	Thursday	Meal Pickup 6pm	13.5	Eckville
6	7-28-06	Friday		6	Pinacle
7	7-29-06	Saturday		6	Pocahontas
8	7-30-06	Sunday		12	Eagles nest
9	7-31-06	Monday		15	501 Shelter
10	8-1-06	Tuesday	Meal Pickup Noon	17.5	Rausch Gap
11	8-2-06	Wednesday		17.5	Peters Mt.
12	8-3-06	Thursday		16	Cove Mt.
13	8-4-06	Friday	End ?	21 or 7.5	Home or (Darlington?)
14	8-5-06	Saturday	End	14?	Home?